





Program Overview

Weeks	Topics	Time	Instructor	Duration	Content
Week 1 28/08/2025	Importance of Nursing & Nursing Skills				
	Registration	8:30 – 9:00 AM			
	Welcome Speech	9:00 – 9:10 AM	Prof. Dr. Abdulqadr Naqhabandy		
	History of Nursing, Role & Duties of Nurses	9:10 – 10:00 AM	M. Abdulmalik	50 min lecture	Foundations of nursing profession
	Vital Signs (Temperature, Pulse, Respiration, BP)	10:10 – 11:00 AM	M. Hardi	1h practical	Measuring & interpreting vital signs
	Coffee Break ☕	11:00 – 11:15 AM			
	Injection Techniques (ID, IM, IV, SC)	11:15 – 12:45 PM	M. Nechir	1h practical	Safe administration methods
Week 2 11/09/2025	Patient Assessment & Pain Management				
	Head-to-Toe Examination	8:30 – 9:30 AM	Dr. Halgurd	1hr Practical	Systematic patient assessment
	Medical Pain & Pain Reduction Techniques	9:30 – 10:30 AM	Dr. Haval	1hr lecture	Clinical aspects of pain & Approaches to pain management
	Coffee Break ☕	10:30 – 10:45 AM			
	Fracture & Cast Care	10:45 – 12:00 AM	Dr. Haval	1,15 hr Practical	Safe handling of fractures, application of splints/slings, and cast care basics
	Non-Medical (Psychological) Pain	12:00 – 12:45 PM	M. Abdulmalik	45 min lecture	Psychological dimensions of pain; emotional support strategies



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Week 3 18/09/2025	Medication Administration & Wound Care				
	Medication Administration Basics	8:30 – 09:30 AM	M. Hardi	1h 15 min lecture	Safe handling of medications
	Wound Dressing & Fluid Types	09:30 – 11:00 AM	M. Nechir	1h practical	Dressing techniques + IV fluids
	Coffee Break 	11:15 – 11:15 AM			
	Suturing Techniques	11:15 – 12:45 PM	M. Hardi	1hr practical	Basic suturing skills
Week 4 25/09/2025	Basic Life Support (BLS) & Emergency Care				
	First Aid for Snake/Dog Bites	8:30 – 9:30 AM	M. Sideeq	1hr lecture	Emergency response to animal bites
	Burn Management	9:30 – 10:15 AM	M. Sideeq	45 min lecture	Treating minor & major burns
	Coffee Break 	10:15 – 10:30 AM			
	Poisoning Emergencies	10:30 – 11:30 AM	M. Hardi	1h lecture	Identification & management
	Discussion	11:30 – 12:15 AM	All Instructors	45 min	Q & A